

*Business
&
Professional
Women
Niagara Falls*



*“Women Working
for Women”*

(Since 1917)

BPW NF Monthly Meeting

January 26, 2022 7:00 pm

(Zoom Meetings Until Further Notice)

Members \$5 / Guests 2 Free then \$10

Register NOW: BPWniagarafalls.com

YOU'RE INVITED

**To This
Month's
Meeting**

What is Your Next Step?



Charmaine Grace
Your Next Step
to Possibility

The steps we take daily are what determine the direction of our lives. Years ago I noticed a difference between seniors. Some were active, fun loving and living their lives in joy. Others were not. What was the difference? I started exploring the answers and created this Take Your Next Step workshop.

This workshop is for you if you are feeling stuck in your life and/or don't know what you want. It will help you step closer to a life you love and push through the blocks that stop you from moving forward.

It will get you thinking about where the path you are on is leading you. What is your next step? Do you have what it takes to change direction? What stops you from doing so? I will share the answers to those questions and offer suggestions to reveal to you that you have the talents and abilities to choose your path and **Take Your Next Step**.

Charmaine Grace is Your Next Step to Possibility. A professional speaker, facilitator and coach, Charmaine guides individuals, companies, and organizations past the blocks that stop them and into the results they are seeking. She knows about those blocks. After many years of trying to take her next step to living her possibility, Charmaine discovered that she was sabotaging herself. Now Charmaine empowers people to get past the sabotage and take their next steps to possibility and **Living their Passions!**



And WE DID ! Since 1917...

Women Working for Women

BPW Niagara Falls

**Visit BPWniagarafalls.com for
Info, Events & Meetings**

Business and Professional Women is an equality-seeking group working toward the improvement of economic, political, employment, and social conditions for women.

BPW Niagara Falls holds monthly meetings, which provide opportunities to stay informed on women's issues, to enjoy a guest speaker, and to network with other working women. We also hold social events with several active committees.

**Inspire
Connect
Collaborate**

Together we
can improve
the lives of
all women -
regionally,
provincially,
nationally
and globally!



Business & Professional Women
Niagara Falls
Over 100 Years Strong We Are
Women Working for Women
www.bpwniagarafalls.com

**Advocacy, Professional Development,
Leadership Skills, Networking & Friendship**

With clubs throughout Ontario, Canada & the
world, including Young BPW, we are

THE VOICE FOR WOMEN

