## WOMEN SUPPORTING WOMEN – LAUGH, LISTEN, LEARN!

Hosted by

## **Business & Professional Women of Niagara Falls**

and W.O.R.K. (Women Offering Resources & Knowledge)





## Wed, September 25, 2024 at 5:00 PM - 7:30 PM

Niagara Falls Public Library, 4848 Victoria Ave., Niagara Falls



Laugh: with Charmaine Grace in FUN WITH STRESS!

<u>Listen</u>: Julie Christiansen explores ANGER & MENTAL HEALTH Learn: Debi Katsmar teaches HOW TO AVOID IDENTITY THEFT

**KNOWLEDGE IS POWER** – together we are strong! Learn how to use your power to help others! Light supper incl. **Admittance**: **donation of feminine hygiene products** 

Register at https://bpwniagarafalls.com/register/

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