

*Business
&
Professional
Women
Niagara Falls*



*"Women Working
for Women"*

(Since 1917)

BPW NF Monthly Meeting

October 23, 2024 5:30 pm

Mick & Angelo's - 7600 Lundy's Lane, Niagara Falls, On

Members Free / Guests 2 Free then \$10 (Food NOT incl)

Register NOW: BPWniagarafalls.com

**YOU'RE
INVITED**

**To
This Month's
Meeting**

When Life Happens...

"Courageous Resilience: Finding Balance in Life's Journey"



Stacy Mueller

[Mueller Acres Rustic](http://MuellerAcresRustic.com)

Stacy Mueller shares, 'When Life Happens,' a transformative presentation on courage, resilience and finding balance in the face of life's unexpected challenges. Life happens to all of us, but it's our valued perspectives, along with proven strategies that define our journey. Discover practical insights and key strategies to move ahead with courage and hope. **Stacy**, a professional businesswoman in our community, shares her incredible story of resilience, balancing life, career, family and relationships. Learn to handle anxiety, debunk myths on self-care, and make a lasting difference in your life and lives of others. You're not alone on this journey; together we can pave the way for future success.

This is an empowering opportunity to gain valuable insights, grow personally, embracing humorous, perspective takeaways, and find the balance you seek!

After several years as a single mother of (4) sons, **Stacy** made a dedicated choice to apply for Nursing school. During the adjustments in her life of college and caring for her family, life happened in 'Oh so many ways.' Organizing her family, finances and strategies availed her pathing the way to future success! Stacy uncovers heartfelt areas of encouragement and insights in her speaking at Women's events and Women's conferences. Stacy is a previous radio host on FM93.7 "Life Happens." She began motivating business leaders during her interview broadcasts, and developed a network of Women in business. Stacy is a previous Nurse in palliative care, College Educator, Certified Life & Business Practitioner, Master Coach and current business owner of 'Mueller Acres Rustic' personal retreats. Stacy connects with women on a daily basis, sharing her humorous and insightful 'Caring Model,' bringing a balanced perspective! Stacy's own favorite quote is, "It's for Today."



And WE DID ! Since 1917...

Women Working for Women

BPW Niagara Falls

**Visit BPWniagarafalls.com for
Info, Events & Meetings**

Business and Professional Women is an equality-seeking group working toward the improvement of economic, political, employment, and social conditions for women.

BPW Niagara Falls holds monthly meetings, which provide opportunities to stay informed on women's issues, to enjoy a guest speaker, and to network with other working women. We also hold social events with several active committees.

**Inspire
Connect
Collaborate**

**Together we
can improve
the lives of
all women -
regionally,
provincially,
nationally
and globally!**



**Business & Professional Women
Niagara Falls
Over 100 Years Strong We Are
Women Working for Women
www.bpwniagarafalls.com**

**Advocacy, Professional Development,
Leadership Skills, Networking & Friendship**

**With clubs throughout Ontario, Canada & the
world, including Young BPW, we are**

THE VOICE FOR WOMEN

