

# WOMEN SUPPORTING WOMEN – LAUGH, LISTEN, LEARN!

Hosted by

**Business & Professional Women of Niagara Falls**  
and Women's W.O.R.K. (Women Offering Resources & Knowledge)



**Wed, September 25, 2024 at 5:00 PM – 7:30 PM**  
Niagara Falls Public Library, 4848 Victoria Ave., Niagara Falls



**Laugh: with Charmaine Grace in FUN WITH STRESS!**  
**Listen: Julie Christiansen explores ANGER & MENTAL HEALTH**  
**Learn: Maria Rekrut teaches HOW TO AVOID IDENTITY THEFT**

**KNOWLEDGE IS POWER** – together we are strong!  
Learn how to use your power to help others! Light supper incl.  
**Admittance: donation of feminine hygiene products**

Register at <https://bpwniagarafalls.com/register/>

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BUSINESS & PROFESSIONAL WOMEN OF NIAGARA FALLS  
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